

## Prices

Curative stay – over 5 days (12 00 the first day till the 10 00 the last day). The package of services within the therapeutic stay includes

- accommodation
- full board (breakfast, lunch, dinner)
- medical visit with the ordination of treatments
- to 3 treatments per day of contractual package from Monday to Saturday, excluding holidays
- 24-hour medical and nursing care

Hotel accommodation - less than 5 days. The package of services within the hotel stay includes:

- Accommodation
- Breakfast
- price includes VAT (tax)

Rooms	Curative stay		Hotel stay	
	Prices in the season 01.04-31.10	Prices off the season 01.01-31.03 01.11-31.12	Prices in the season 01.04-31.10	Prices off the season 01.01-31.03 01.11-31.12
Single room STUDIO type	135 (PLN)	130	140	135
Single room LUX type	170	165	175	170
Double room STANDARD type (one person price)	130	125	135	130
Double room LUX type (one person type)	170	165	175	170

Single Apartment	290	280	295	285
Double Apartment (two person price)	340	320	350	330

Double room Apartment exclusive	Additional payment – plus 70% of the room stay	
Child under 3 years old	10,00 zł flat rate per night	
Child between 3 – 8 years old	50% discount	
Child between 8 - 12 years old	25% discount	
Kinder in the age more than 12 years old	Full payment	
Garage	10 (PLN)	Price for one day
Parking	2	Price for one day
Conference room	600	12 hours
	200	1 hour
	60	Next hour
Billard	5	1 hour
	25	Fee for 10 hours
Fahrradausleihung	3	Each single hour
	20	Fee for 10 hours
Frühstück	9	
Mittagessen	16	
Abendessen	8	
Vollpension	33	
Kaffeeservice	15	individual calculation
Vermittlung der Turnhalle	500	12 hours
Gebühr für TV	2,10	Price for one day

Prices do not include resort fee charged on the basis of the Resolution of the Inowrocław City Council (3.00 zł for each day of stay)

#### Prices charges for treatments, tests and medical consultations

Gymnastics	Preis außer Paketes (PLN)
Group gymnastics	7
Individual gymnastics	15
Interval Training HIIT	10
Station Training	10
Nordic Walking	15
Training Inch by Inch - Swedish table – 1 table	5
Training Inch by Inch - Swedish table - 4 table	15
<b>Massage</b>	

Partial hand massage (1 area such as - spine, limb)	17
Manual massage of the spine	25
Pneumatik Massage	15
Vibration massage (Aquavibron)	15
Computer massage	8
<b>Physiotherapy</b>	
Diadynamic	10
Nerve or muscle Electrostimulation	10
Galvanism	10
<b>Iontophoresis</b>	12
Interdyn	10
Spot laser	12
Scanner laser	12
Sollux Lamp	7
Bioptron	7
Terapuls	8
Megatronik	10
Ultrasound	10
Cryotherapie	12
Thermogel compress	5
Individual Inhalation	8
Therapeutic mood - borowina	18
<b>Water treatment</b>	
Partial underwater massage Körperlahmungen	20
Full underwater massage	20
Whirl massage	15
Whirl massage – arms and legs	12
Hydromassage with underwater whip (English bath)	17
Variable temperature shower (needle bath/Scotch douche)	16
Pearl bath	16
Brine pearl bath	16
Carbonic acid bath	16
Brine bath	16
<b>Other treatment</b>	
Cryotherapie (Cryo chamber)	30
Manual therapy	100
Whole body massage	80
Relaxing massage (30 min.)	50
Aromatic bath	20
<b>ADDITIONAL CONSULTATION, ADVICES AND SPECIALIZED DIAGNOSTIC TESTS</b>	
Specialist advice, medical consultation	50-120
USG (ultrasonography) – echo heart test with description	70
USG - Doppler carotid arteries with description	70
Ankle-brachial index test with description	20
24-hour carotid arteries monitoring – Holter method with description	70
24-hour heart's rhythm monitoring – Holter method with description	70
EKG	15
EKG with description	25
Ambulatory advice of treatment	60
Stress test on the ergometer bicycle (with description)	80
Blood sampling for testing	6

Blood sugar testing	6
Hypodermic injection	5
Intramuscular injection	10
Intravenous injection	15

Contact and Informations

Marketing and Promotion Department